



# Communicate well to collaborate effectively

## Description

Improve your communication and develop lasting relationships by enrolling in our **communication training**! This course, “Communicate Effectively for Successful Collaboration,” will provide you with a variety of communication tools to build quality relationships and enhance cooperation.

Through our **communication training**, you will acquire skills to manage unconscious biases, stimulate creativity and collective intelligence, and create an environment that fosters engagement and reliability. Whether it's conflict management or achieving sustainable results, this training will equip you with the key skills necessary for both professional and personal success.

## Course Content

### Communication process

- Barriers and tools
- Mindset and skills to effective communication and to build healthy relationships

### Managing yourself

- Raising awareness to understand the impact your behaviour and communication style have on your colleagues and on the team performance

### Cooperation versus competition

- Conditions conducive to cooperation
- The 5 dimensions of a cohesive team

### Reach sustainable results

- Building trust
- Managing conflicts
- Achieving commitment
- Embracing accountability
- Adaptability and flexibility

## Documentation

- Digital courseware included

**Participant profiles**

- Any employee

**Prerequisites**

- No prerequisites

**Objectives**

- Use the relevant approach to communicate with colleagues
- Build and maintain a good team spirit
- Skilfully deal with sensitive issues
- Understand systems thinking to solve problems

**Description**

Communication Training: Communicate Effectively for Successful Collaboration

**Niveau**

Fondamental

**Classroom Registration Price (CHF)**

1300

**Virtual Classroom Registration Price (CHF)**

1300

**Duration (in Days)**

2

**Reference**

COM-COLL