Mastering the signs of non-verbal communication

Description

We cannot not communicate. When what we say does not correspond to the way we say it, this discrepancy alerts us, sows doubt and breaks the dialogue. How do we identify these gaps and get communication back on track?

Course Content

- Non-verbal communication
 - The importance of non-verbal communication and paralangulation
 - Proxemia, parasitic gestures and eye movements
- Questioning
 - Searching for basic information
 - Re-launching the dialogue
 - Putting it into practice

Documentation

• Digital courseware included

Participant profiles

- Anyone curious about how they communicate with others
- · Anyone in need / wishing to improve their communication skills

Prerequisites

No prerequisites

Objectives

- Integrate verbal and non-verbal communication clues
- Identify off-beat gestures or attitudes
- Question to engage communication

Niveau

Fondamental Classroom Registration Price (CHF) 500 Virtual Classroom Registration Price (CHF) 500 Duration (in Days) 0.5 Reference COM-NONV